

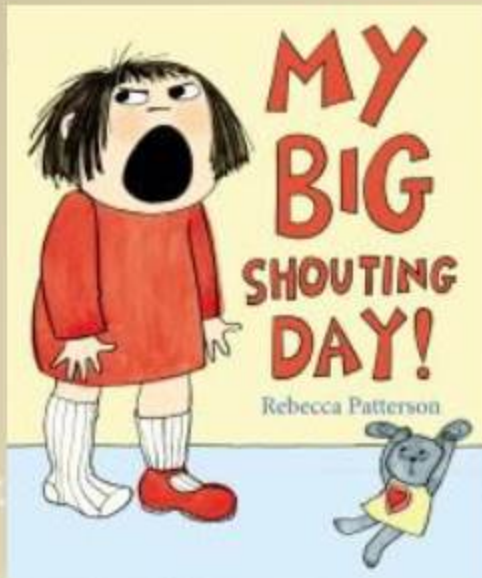


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My Big Shouting Day



WINNER OF THE ROALD DAHL FUNNY PRIZE 2012

"Today I woke up and Bob was crawling around MY ROOM, licking MY JEWELLERY, so I shouted GET OUT OF MY ROOM! and that was the start of MY BIG SHOUTING DAY..."

Bella is having one of *those* days - her biscuit is broken, she has a hurting foot and ballet is TOOOO itchy for words. All she can do is shout! But by the end of the day, when she's all tired out from being shouty, Bella knows there's one magic word and one magic mummy to make things better again...

TOP TIPS FOR FAMILIES – Let your child explore the book

- Choose books that your baby/child can explore e.g. bath books, cloth books, lift the flap books, pop up books and books with different surfaces and textures.
- Visit your local library with lots of books to explore- it's FREE to join.

What could the child do and what could they learn?

Child can use their senses to explore the books; they can touch, see, smell and hear the book.

Handling books will develop the child's physical skills, turning the pages, lifting the flaps, pointing to the pictures.

What could adults do?

Reassure parents that babies and toddlers will explore the books with their mouth—this is the way they learn.

Gently help and show the child how to find the front of the book, the right way up and how to turn the pages.

Link to Further Resources

Listen to Ben Bailey Smith read My Big Shouting Day on Cbeebies bedtime:
Visit <https://www.youtube.com/watch?v=8LzftdggYfo>



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My Big Shouting Day. Information for grown ups

We all have a bad day occasionally. For young children this is about learning to manage their own emotions and understand how other people might be feeling, knowing what kind of behaviour is acceptable in different situations, and forming positive relationships with others – things like learning to take turns and play cooperatively.

Parents can play a really important role in helping children develop these essential life-skills – for example, if you make a point of noticing when your child has been kind and considerate to someone, it can reinforce such positive behaviour and build their self-esteem.

Tell your child how proud you are of them, and talk about why what they did was good.

It's important for young children to build a positive sense of themselves, to know who they are and what they like, and to be able to express the things that make them unique.

Emotions and Behaviour: learning area

Understand your child's emotions and behaviour and help support their development with these resources and activities from Cbeebies

<http://www.bbc.co.uk/cbeebies/grownups/grownups-emotions-and-behaviour>



My Big Shouting Day Activity & Resource Ideas

- Dressing up as a princess, keep it simple. Use fabrics as a cloak, mummy's shoes to clip clop around in or Ballet shoes if you have them, tiara or a crown and some beads.
- Dancing. Put some of your favourite music on and dance around the room.
- Let your child experiment with a variety of different tastes, e.g. sweet, sour and minty tastes. Such as tooth paste, lemons etc.
- Snuggle up on the sofa or the bed with your child and share a book

Making ten minutes a day to share books with your child will make a huge difference to their development

