Mama Puts Llama Llama To Bed.

But when Mama goes downstairs, Llama Llama feels anxious. This story explores the feelings many children experience at bedtime.

Here are some activities to do with your child before, during, and after you read the book together. Don’t try to do everything the first time you read it. And most of all have fun and enjoy sharing this story with your child.

Starting Up:

• Read the title to your child. Ask, “Do you think this story will take place at night or during the day?”
• Point to Llama’s face on the cover. Ask your child, “Does he look afraid?” and “Why might he feel afraid?”

Reading the Story:

• Llama feels many different emotions in this story. When you see these words, ask your child what Llama is feeling and why: alone, fret, tizzy, drama.
• Exaggerate the actions Llama makes while waiting for mama. For example, hum a tune, or cup your hands around your mouth to call out.
• The pictures give clues about how to read the story.
  • Explain how Llama’s face shows emotion. Say, “Llama’s mouth is open very wide. How does he feel on this page?”
  • Point out how the illustrator uses dark and light colors. Ask your child, “Why is Llama shown in the dark while Mama is in the light?”

After the Story:

• Ask your child questions about the story.
  • What was Llama afraid of?
  • Can you think of ways to help Llama feel better at bedtime? For example, a night-light could help Llama (or your child!) feel more at ease.
• Learning on the Go:
  • Talk about what emotions your child feels at bedtime.

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